



OFFICE OF THE ASSISTANT SECRETARY OF DEFENSE
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TRICARE
MANAGEMENT ACTIVITY

MB&RB

**CHANGE 38
6010.57-M
NOVEMBER 4, 2010**

**PUBLICATIONS SYSTEM CHANGE TRANSMITTAL
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The TRICARE Management Activity has authorized the following addition(s)/revision(s).

CHANGE TITLE: EVOLVING PRACTICES - OCTOBER 2010

CONREQ: 15221

PAGE CHANGE(S): See page 2.

SUMMARY OF CHANGE(S): See page 3.

EFFECTIVE AND IMPLEMENTATION DATE: As indicated, otherwise upon direction of the Contracting Officer.

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Acting Chief, Medical Benefits and
Reimbursement Branch**

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CHANGE 38
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SUMMARY OF CHANGES

CHAPTER 1

1. Section 3.1. External Infusion Pumps (EIPs) for insulin may be considered for cost-sharing when the diagnosis is Cystic Fibrosis-Related Diabetes (CFRD) with fasting hyperglycemia. Effective January 21, 2009.

CHAPTER 4

2. Section 6.1. Total hip resurfacing for treatment of degenerative hip disease is unproven and added as an exclusion.
3. Section 9.1.
 - a. Endovenous Radiofrequency Ablation (RFA)/obliteration and endovenous laser ablation/therapy for the treatment of saphenous venous reflux with symptomatic varicose veins is covered under certain conditions.
 - b. Endovenous RFA for the treatment of incompetent perforator veins is unproven and added as an exclusion. Endovenous laser ablation/therapy for the treatment of incompetent perforator veins is excluded on the basis that this is off-label use of a device and is unproven.

CHAPTER 7

4. Section 3.13. Eye Movement Desensitization and Reprocessing (EMDR) is covered for the treatment of Post-Traumatic Stress Disorder (PTSD) in adults, effective April 16, 2007.

CHAPTER 8

5. Section 2.3. Added coverage for Insulin for Cystic Fibrosis-Related Diabetes (CFRD) under the rare disease policy as described in Chapter 1, Section 3.1.

APPENDIX A

6. Added CFRD and PTSD.

INDEX

7. Added EMDR.

