

Active Duty Care Guidelines

These guidelines are intended as a sampling of treatment situations. They are not all-inclusive and are provided to help providers and the contractor determine what types of health care services require a fitness-for-duty review by the Service Point Of Contact (SPOC) (Addendum A). Providers and Health Care Finders (HCFs) are encouraged to contact the SPOC in specific situations for information and clarification on health care for Active Duty Service Members (ADSMs). The contractor shall conduct the Prime medical necessity reviews as required by contract.

HEALTH CARE SERVICE	SPOC REVIEW REQUIRED	*WHERE IS CARE PROVIDED?
Primary care medical services	No	Primary Care Manager (PCM) (or TRICARE-authorized civilian provider) or Military Treatment Facility (MTF).
Emergency/Urgent consults and tests required within 48 hours	Yes, but care will not be delayed while waiting for SPOC response	TRICARE-authorized civilian provider. Note: Emergency claims (to include institutional costs) for treatment of "dental pain" or a similar diagnosis where no actual dental procedure is performed, shall be processed and paid by the MCS contractors.
	Follow-up specialty care requires SPOC review	TRICARE-authorized civilian provider if approved by SPOC, or MTF.
Periodic health assessments offered under Prime enhanced benefit	No	PCM (or TRICARE-authorized Civilian Provider), or MTF.
Periodic eye and hearing examinations	No	TRICARE-authorized civilian provider or MTF as designated by SPOC.
Eye glasses/contacts	Yes	MTF or Service Labs; SPOC will provide information to ADSM.
Annual GYN/Pap exam	No	PCM (or TRICARE-authorized civilian provider), or MTF.
	SPOC to review follow-on visits	PCM (or TRICARE-authorized civilian provider if approved by SPOC), or MTF.
Service specific physical exams (for DoD/Service forms)	Yes	TRICARE-authorized civilian provider or MTF as designated SPOC).
HIV testing incidental to an Episode Of Care (EOC)	No	PCM (or TRICARE-authorized civilian provider).
* An ADSM may always choose to receive care from a military source even when the SPOC authorizes civilian care.		

TRICARE Operations Manual 6010.56-M, February 1, 2008

Chapter 16, Addendum B

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HEALTH CARE SERVICE	SPOC REVIEW REQUIRED	*WHERE IS CARE PROVIDED?
Maternity Care: Routine--	First OB visit requires SPOC review; Routine OB follow-up visits and clinically indicated evaluations not related to complications (such as ultrasounds done for dating determinations) do not require SPOC review.	TRICARE-authorized civilian provider.
Complicated pregnancies--	Care for complications of pregnancy, including care that requires invasive procedures or hospitalization(s) require SPOC review.	
Hearing appliances	Yes	MTF; SPOC will provide information to ADSM.
Orthotics	Yes	TRICARE-authorized civilian provider.
Physical Therapy	Yes	TRICARE-authorized civilian provider
Service-required immunizations	No	PCM (or TRICARE-authorized civilian provider), or MTF.
Routine dental care and dental procedures	Yes	Civilian dentist (active duty dental claims processor processes and pays claims).
Health Care Service	SPOC Review Required	*Where Care Is Provided?
Counseling by a marriage & family therapist	Yes	TRICARE-authorized civilian provider.
Mental health counseling, psychiatric care and testing	Yes	TRICARE-authorized civilian provider or MTF.
Invasive surgical-medical procedures - inpatient/outpatient, non-emergency	Yes	TRICARE-authorized civilian provider or MTF as designated by SPOC.
Family planning (tubal ligation/vasectomy)	Yes	TRICARE-authorized civilian provider or MTF as designated by SPOC.
Infertility evaluation	No	PCM (or TRICARE-authorized civilian provider).
	Yes (for follow-up specialty care/surgery)	TRICARE-authorized civilian provider or MTF as designated by SPOC.
Drug, alcohol & follow-on care for substance abuse	Yes	TRICARE-authorized civilian provider or MTF if designated by SPOC.
Transplants	Yes	Specialized Treatment Service (STS) (or authorized Civilian Transplant Center if STS not available).
Experimental protocols, as allowed by the Uniform Benefit	Yes	TRICARE-authorized civilian provider or MTF as designated by SPOC.
Specialty dental care (crowns, bridges, endodontics, etc.)	Yes	Civilian dentist (active duty dental claims processor processes and pays claims).
Adjunctive dental care	Yes	TRICARE-authorized civilian provider.
Ambulatory surgery or inpatient care	Yes	TRICARE-authorized civilian provider or MTF as designated by SPOC.
(retrospective)	TRICARE-authorized civilian provider	

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All inpatient care	Yes	TRICARE-authorized civilian provider.
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