

SMOKING CESSATION COUNSELING

ISSUE DATE: November 13, 2009

AUTHORITY: Public Law 110-417, Section 713

I. CPT¹ PROCEDURE CODES

99406, 99407, 96152, 96153

II. BACKGROUND

The National Defense Authorization Act (NDAA) for Fiscal Year (FY) 2009 (Public Law 110-417, Section 713) signed into effect on October 14, 2008, authorized provision of smoking cessation counseling under TRICARE.

III. POLICY

Coverage may be extended for smoking cessation counseling in accordance with [paragraph IV](#).

IV. POLICY CONSIDERATIONS

A. Smoking cessation counseling is covered for all non-Medicare eligible TRICARE beneficiaries who desire to quit smoking and reside in one of the 50 United States or the District of Columbia, or are enrolled to a Managed Care Support Contractor (MCSC) in the 50 United States or the District of Columbia. There is no requirement for the beneficiary to be diagnosed with a smoking related illness in order to take advantage of this benefit.

B. Smoking cessation counseling MUST be rendered by a TRICARE-recognized and TRICARE-authorized provider to be cost-shared. Please reference [32 CFR 199.6](#) for provider types recognized and eligible for authorization under TRICARE.

C. Two quit attempts per beneficiary per fiscal year are covered; a third quit attempt may be covered with physician justification and preauthorization.

D. Up to eight (8) face-to-face "intermediate" individual visits (99406), or four (4) "intensive" individual visits (99407), or five (5) fifteen-minute face-to face individual counseling interventions (96152), or twenty (20) fifteen-minute units (five hours) of group counseling intervention (96153) per quit attempt are covered.

¹ CPT only © 2006 American Medical Association (or such other date of publication of CPT). All Rights Reserved.

TRICARE POLICY MANUAL 6010.54-M, AUGUST 1, 2002

CHAPTER 8, SECTION 19.1

SMOKING CESSATION COUNSELING

V. EXCLUSIONS

A. Smoking cessation counseling rendered by a provider type NOT recognized under TRICARE or by a provider that is not TRICARE-authorized.

B. TRICARE beneficiaries who are also Medicare eligible (dual-eligible beneficiaries) are excluded from coverage under this policy.

VI. EFFECTIVE DATE October 14, 2008.

- END -