

## Chronic Care Management (CCM) Services

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### 1.0 CPT<sup>1</sup> PROCEDURE CODE

99490

### 2.0 DESCRIPTION

**2.1** CCM services -- at least 20 minutes of clinical staff time directed by a physician or other qualified healthcare professional, per calendar month, with the following required elements:

- Multiple (two or more) chronic conditions expected to last at least 12 months or until death of the patient;
- Chronic conditions place the patient at significant risk of death, acute exacerbation/ decompensation, or functional decline; and
- Comprehensive care plan established, implemented, revised, or monitored.

**2.2** CCM reflects services provided over a monthly period to specified patients with chronic health conditions who have consented to receipt of such services.

### 3.0 POLICY

CCM services are not covered by TRICARE because the services are not medically necessary as a separately itemized service.

### 4.0 EFFECTIVE DATE

January 1, 2015.

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