# Active Duty Care Guidelines

These guidelines are intended as a sampling of treatment situations. They are not all-inclusive and are provided to help providers and the contractor determine what types of health care services require a fitness-for-duty review by the Service Point Of Contact (SPOC) (Addendum A). Providers and Health Care Finders (HCFs) are encouraged to contact the SPOC in specific situations for information and clarification on health care for Active Duty Service Members (ADSMs). The contractor shall conduct the Prime medical necessity reviews as required by contract.

| HEALTH CARE SERVICE | SPOC REVIEW REQUIRED | *WHERE IS CARE PROVIDED? |
|---|---|---|
| Primary care medical services | No | Primary Care Manager (PCM) (or TRICARE-authorized civilian provider) or Military Treatment Facility (MTF). |
| Emergency/Urgent consults and tests required within 48 hours | Yes, but care will not be delayed while waiting for SPOC response | TRICARE-authorized civilian provider. |
| | Follow-up specialty care requires SPOC review | TRICARE-authorized civilian provider if approved by SPOC, or MTF. |
| Periodic health assessments offered under Prime enhanced benefit | No | PCM (or TRICARE-authorized Civilian Provider), or MTF. |
| Periodic eye and hearing examinations | No | TRICARE-authorized civilian provider or MTF as designated by SPOC. |
| Eye glasses/contacts | Yes | MTF or Service Labs; SPOC will provide information to ADSM. |
| Annual GYN/Pap exam | No | PCM (or TRICARE-authorized civilian provider), or MTF. |
| | SPOC to review follow-on visits | PCM (or TRICARE-authorized civilian provider if approved by SPOC), or MTF. |
| Service specific physical exams (for DoD/Service forms) | Yes | TRICARE-authorized civilian provider or MTF as designated SPOC). |
| HIV testing incidental to an Episode Of Care (EOC) | No | PCM (or TRICARE-authorized civilian provider). |
| Maternity Care:<br>Routine--<br><br>Complicated pregnancies-- | First OB visit requires SPOC review; Routine OB follow-up visits and clinically indicated evaluations not related to complications (such as ultrasounds done for dating determinations) do not require SPOC review.<br>Care for complications of pregnancy, including care that requires invasive procedures or hospitalization(s) require SPOC review. | TRICARE-authorized civilian provider. |

* An ADSM may always choose to receive care from a military source even when the SPOC authorizes civilian care.

| HEALTH CARE SERVICE | SPOC REVIEW REQUIRED | *WHERE IS CARE PROVIDED? |
|---|---|---|
| Hearing appliances | Yes | MTF; SPOC will provide information to ADSM. |
| Orthotics | Yes | TRICARE-authorized civilian provider. |
| Physical Therapy | Yes | TRICARE-authorized civilian provider |
| Service-required immunizations | No | PCM (or TRICARE-authorized civilian provider), or MTF. |
| Routine dental care and dental procedures | Yes | Civilian dentist (active duty dental claims processor processes and pays claims). |
| Health Care Service | SPOC Review Required | *Where Care Is Provided? |
| Counseling by a marriage & family therapist | Yes | TRICARE-authorized civilian provider. |
| Mental health counseling, psychiatric care and testing | Yes | TRICARE-authorized civilian provider or MTF. |
| Invasive surgical-medical procedures - inpatient/outpatient, non-emergency | Yes | TRICARE-authorized civilian provider or MTF as designated by SPOC. |
| Family planning (tubal ligation/ vasectomy) | Yes | TRICARE-authorized civilian provider or MTF as designated by SPOC. |
| Infertility evaluation | No | PCM (or TRICARE-authorized civilian provider). |
| | Yes (for follow-up specialty care/ surgery) | TRICARE-authorized civilian provider or MTF as designated by SPOC. |
| Drug, alcohol & follow-on care for substance abuse | Yes | TRICARE-authorized civilian provider or MTF if designated by SPOC. |
| Transplants | Yes | Specialized Treatment Service (STS) (or authorized Civilian Transplant Center if STS not available). |
| Experimental protocols, as allowed by the Uniform Benefit | Yes | TRICARE-authorized civilian provider or MTF as designated by SPOC. |
| Specialty dental care (crowns, bridges, endodontics, etc.) | Yes | Civilian dentist (active duty dental claims processor processes and pays claims). |
| Adjunctive dental care | Yes | TRICARE-authorized civilian provider (active duty dental claims processor processes and pays claims). |
| Ambulatory Surgery or Inpatient care | Yes | TRICARE-authorized civilian provider or MTF as designated by SPOC. |
| Prescriptions for controlled substances | Yes | |
| (retrospective) | TRICARE-authorized Civilian Provider | |
| All inpatient care | Yes | TRICARE-authorized Civilian Provider |
| * An ADSM may always choose to receive care from a military source even when the SPOC authorizes civilian care. | | |

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