

CHAPTER 11  
SECTION 9.1

## SPECIAL AUTHORIZATION REQUIREMENTS

Issue Date: August 4, 1988

Authority: [32 CFR 199.4\(a\)\(11\)](#) and [32 CFR 199.5\(a\)\(4\)](#)

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### I. POLICY

A. Unless otherwise specifically excepted, the adjudication of the following types of care is subject to the following authorization requirements:

1. **For Prime enrollees, the contractor shall preauthorize all outpatient psychotherapy beyond the eighth visit in an enrollment period. For nonenrollees, all outpatient psychotherapy beyond the eighth visit in a fiscal year shall be preauthorized.**
  2. Adjunctive dental care must be preauthorized by the TRICARE/CHAMPUS dental contractor or the managed care contractor as appropriate. See [Chapter 8, Section 1.3](#).
  3. Program for Persons with Disabilities (formerly known as Program for the Handicapped) benefit must be authorized by the appropriate contractor. See [Chapter 11, Section 9.3](#).
  4. Effective October 1, 1991, preadmission and continued stay authorization is required before nonemergency inpatient mental health services may be cost-shared (includes Residential Treatment Center care and alcoholism detoxification and rehabilitation). Effective September 29, 1993, preadmission and continued stay authorization is also required for all care in a partial hospitalization program. See [Chapter 1, Section 12.1D](#), [Section 12.1E](#), [Section 12.1F](#), and [Section 12.1G](#).
  5. Effective November 18, 1991, psychoanalysis must be preauthorized. See [Chapter 1, Section 12.5](#).
- B. The Director, TMA, may require preauthorization of admission to inpatient facilities.
- C. The procedures identified in [OPM Part Three, Chapter 3, Addendum D](#), require preauthorization under the managed care support contracts.
- D. **Effective March 1, 1997, provider payments are reduced for the failure to comply with the preauthorization requirements for certain types of care. See [Chapter 13, Section 24.1](#).**

**II. EFFECTIVE DATE**

This issuance was issued on December 12, 1984, under the subject titled PREAUTHORIZATION with a November 13, 1984, effective date and is reissued under the subject titled SPECIAL AUTHORIZATION REQUIREMENTS effective on approval date.

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