

TITLE 32 NATIONAL DEFENSE
CIVILIAN HEALTH AND MEDICAL PROGRAM OF THE UNIFORMED SERVICES (CHAMPUS)

TABLE OF CONTENTS

PART 199.4

BASIC PROGRAM BENEFITS

(a)					General.	1
	(1)					1
		(i)			Scope of benefits.	1
		(ii)			Impact of TRICARE program.	1
	(2)				Persons eligible for Basic Program benefits.	1
	(3)				Authority to act for CHAMPUS.	1
	(4)				Status of patient controlling for purposes of cost-sharing.	1
	(5)				Right to information.	1
	(6)				Physical examinations.	2
	(7)				Claims filing deadline.	2
	(8)				Double coverage and third party recoveries.	2
	(9)				Nonavailability Statements within a 40-mile catchment area.	3
		(i)			Rules applicable to issuance of Nonavailability Statement (NAS) (DD Form 1251).	3
		(ii)			Beneficiary responsibility.	3
		(iii)			Rules in effect at time civilian medical care is provided apply.	3
		(iv)			Nonavailability Statement (DD Form 1251) must be filed with applicable claim.	3
		(v)			Nonavailability Statement (NAS) and Claims Adjudication.	3
	(10)				[Reserved]	4
	(11)				Quality and Utilization Review Peer Review Organization program.	4
	(12)				Utilization review, quality assurance and reauthorization for inpatient mental health services and partial hospitalization.	4
		(i)			In general.	4
		(ii)			Preadmission authorization.	4
	(13)				Implementing instructions.	5
(b)					Institutional benefits.	5
	(1)				General.	5
		(i)			Billing practices.	5
		(ii)			Successive inpatient admissions.	6
		(iii)			Related services and supplies.	6

TMA Version

TITLE 32 NATIONAL DEFENSE
CIVILIAN HEALTH AND MEDICAL PROGRAM OF THE UNIFORMED SERVICES (CHAMPUS)

TABLE OF CONTENTS

PART 199.4

BASIC PROGRAM BENEFITS

	(iv)				Inpatient, appropriate level required.	6
	(v)				General or special education not covered.	6
(2)					Covered hospital services and supplies—	7
	(i)				Room and board.	7
	(ii)				General staff nursing services.	7
	(iii)				ICU.	7
	(iv)				Operating room, recovery room.	7
	(v)				Drugs and medicines.	7
	(vi)				Durable medical equipment, medical supplies, and dressings.	7
	(vii)				Diagnostic services.	7
	(viii)				Anesthesia.	7
	(ix)				Blood.	7
	(x)				Radiation therapy.	7
	(xi)				Physical therapy.	7
	(xii)				Oxygen.	7
	(xiii)				Intravenous injections.	7
	(xiv)				Shock therapy.	7
	(xv)				Chemotherapy.	7
	(xvi)				Renal and peritoneal dialysis.	8
	(xvii)				Psychological evaluation tests.	8
	(xviii)				Other medical services.	8
(3)					Covered services and supplies provided by special medical treatment institutions or facilities, other than hospitals or RTCs—	8
	(i)				Room and board.	8
	(ii)				General staff nursing services.	8
	(iii)				Drugs and medicines.	8
	(iv)				Durable medical equipment, medical supplies, and dressings.	8
	(v)				Diagnostic services.	8
	(vi)				Blood.	8
	(vii)				Physical therapy.	8
	(viii)				Oxygen.	8
	(ix)				Intravenous injections.	8
	(x)				Shock therapy.	8

TMA Version

**TITLE 32 NATIONAL DEFENSE
CIVILIAN HEALTH AND MEDICAL PROGRAM OF THE UNIFORMED SERVICES (CHAMPUS)**

TABLE OF CONTENTS

PART 199.4

BASIC PROGRAM BENEFITS

	(xi)				Chemotherapy.	8
	(xii)				Psychological evaluation tests.	8
	(xiii)				Renal and peritoneal dialysis.	9
	(xiv)				Skilled nursing facility (SNF) services.	9
	(xv)				Other medical services.	9
(4)					Services and supplies provided by RTCs—	9
	(i)				Room and board.	9
	(ii)				Patient assessment.	10
	(iii)				Diagnostic services.	10
	(iv)				Psychological evaluation tests.	10
	(v)				Treatment of mental disorders.	10
	(vi)				Other necessary medical care.	10
	(vii)				Criteria for determining medical or psychological necessity.	10
	(viii)				Preauthorization requirement.	11
	(ix)				Concurrent review.	12
(5)					Extent of institutional benefits—	12
	(i)				Inpatient room accommodations—	12
		(A)			Semiprivate.	12
		(B)			Private.	12
		(C)			Duration of private room stay.	12
		(D)			Hospital (except an acute care hospital, general or special) or other authorized institutional provider without semiprivate accommodations.	12
	(ii)				General staff nursing services.	13
	(iii)				ICU.	13
	(iv)				Treatment rooms.	13
	(v)				Drugs and medicines.	13
	(vi)				Durable medical equipment, medical supplies, and dressings.	13
	(vii)				Transitional use items.	14
	(viii)				Anesthetics and oxygen.	14
(6)					Inpatient mental health services.	14
	(i)				Criteria for determining medical or psychological necessity.	14
	(ii)				Emergency admissions.	14

TMA Version

TITLE 32 NATIONAL DEFENSE
CIVILIAN HEALTH AND MEDICAL PROGRAM OF THE UNIFORMED SERVICES (CHAMPUS)

TABLE OF CONTENTS

PART 199.4

BASIC PROGRAM BENEFITS

	(iii)				Preauthorization requirements.	15
	(iv)				Concurrent review.	16
(7)					Emergency inpatient hospital services.	16
	(i)				Existence of medical emergency.	16
	(ii)				Immediate admission required.	16
	(iii)				Closest hospital utilized.	16
(8)					RTC day limit.	16
	(ii)				Waiver of the RTC day limit.	17
(9)					Acute care day limits.	17
	(iii)				Waiver of the acute care day limits.	18
(10)					Psychiatric partial hospitalization services.	18
	(i)				In general.	18
	(ii)				Criteria for determining medical or psychological necessity of psychiatric partial hospitalization services.	19
	(iii)				Preauthorization and concurrent review requirements.	19
	(iv)				Institutional benefits limited to 60 days.	19
	(v)				Waiver of the 60-day partial hospitalization program limit.	19
	(vi)				Services and supplies.	20
		(A)			Board.	20
		(B)			Patient assessment.	20
		(C)			Psychological testing.	20
		(D)			Treatment services.	20
	(vii)				Social services required.	20
	(viii)				Educational services required.	20
	(ix)				Family therapy required.	20
	(x)				Professional mental health benefits limited.	21
	(xi)				Non-mental health related medical services.	21
(c)					Professional services benefit—	21
	(1)				General.	21
		(i)			Billing practices.	21
		(ii)			Services must be related.	21
	(2)				Covered services of physicians and other authorized professional providers.	22
		(i)			Surgery.	22
		(ii)			Surgical assistance.	22

TMA Version

**TITLE 32 NATIONAL DEFENSE
CIVILIAN HEALTH AND MEDICAL PROGRAM OF THE UNIFORMED SERVICES (CHAMPUS)**

TABLE OF CONTENTS

PART 199.4

BASIC PROGRAM BENEFITS

	(iii)			Inpatient medical services.	22
	(iv)			Outpatient medical services.	22
	(v)			Psychiatric services.	22
	(vi)			Consultation services.	22
	(vii)			Anesthesia services.	22
	(viii)			Radiation therapy services.	22
	(ix)			X-ray services.	23
	(x)			Laboratory and pathological services.	23
	(xi)			Physical medicine services or physiatry services.	23
	(xii)			Maternity care.	23
	(xiii)			Well-child care.	23
	(xiv)			Other medical care.	23
	(xv)			[Reserved]	23
	(xvi)			Routine eye examinations.	23
(3)				Extent of professional benefits—	23
	(i)			Multiple Surgery.	23
	(ii)			Different types of inpatient care, concurrent.	24
	(iii)			Need for surgical assistance.	24
	(iv)			Aftercare following surgery.	24
	(v)			Cast and sutures, removal.	24
	(vi)			Inpatient care, concurrent.	25
	(vii)			Consultants who become the attending surgeon.	25
	(viii)			Anesthesia administered by the attending physician.	25
	(ix)			Treatment of mental disorders.	25
		(A)		Covered diagnostic and therapeutic services.	25
			(1)	Individual psychotherapy, adult or child.	26
			(2)	Group psychotherapy.	26
			(3)	Family or conjoint psychotherapy.	26
			(4)	Psychoanalysis.	26
			(5)	Psychological testing and assessment.	26
			(6)	Administration of psychotropic drugs.	26
			(7)	Electroconvulsive treatment.	26
			(8)	Collateral visits.	26

TMA Version

TITLE 32 NATIONAL DEFENSE
CIVILIAN HEALTH AND MEDICAL PROGRAM OF THE UNIFORMED SERVICES (CHAMPUS)

TABLE OF CONTENTS

PART 199.4

BASIC PROGRAM BENEFITS

		(B)		Limitations and review requirements—	26
			(1)	Outpatient psychotherapy.	26
			(2)	Inpatient psychotherapy.	26
		(C)		Covered ancillary therapies.	27
		(D)		Review of claims for treatment of mental disorder.	27
	(x)			Physical and occupational therapy.	27
	(xi)			Well-child care.	27
	(xii)			[Reserved]	28
	(xiii)			Physicians in a teaching setting.	28
		(A)		Teaching physicians.	28
			(1)	General.	28
			(2)	Direct supervision by an attending physician of care provided by physicians in training.	29
			(3)	Individual, personal services.	29
			(4)	Who may bill.	29
		(B)		Physicians in training.	29
(d)				Other benefits—	29
	(1)			General.	29
	(2)			Billing practices.	29
	(3)			Other covered services and supplies—	30
		(i)		Blood.	30
		(ii)		Durable medical equipment—	30
		(A)		Scope of benefit.	30
		(B)		Cardiorespiratory monitor exception.	30
		(C)		Basic mobility equipment exception.	31
		(D)		Exclusions.	31
		(E)		Basis for reimbursement.	31
	(iii)			Medical supplies and dressings (consumables).	31
	(iv)			Oxygen.	31
	(v)			Ambulance.	32
	(vi)			Prescription drugs and medicines.	32
	(vii)			Prosthetic devices.	33
	(viii)			Orthopedic braces and appliances.	33

TMA Version

TITLE 32 NATIONAL DEFENSE
CIVILIAN HEALTH AND MEDICAL PROGRAM OF THE UNIFORMED SERVICES (CHAMPUS)

TABLE OF CONTENTS

PART 199.4

BASIC PROGRAM BENEFITS

(e)					Special benefit information—	33
	(1)				General.	33
	(2)				Abortion.	33
	(3)				Family planning.	33
		(i)			Birth control (such as contraception)—	33
			(A)		Benefits provided.	33
			(B)		Exclusions.	34
		(ii)			Genetic testing.	34
			(A)		Benefits provided.	34
			(B)		Exclusions.	34
	(4)				Treatment of substance use disorders.	34
		(i)			Emergency and inpatient hospital services.	34
		(ii)			Authorized substance use disorder treatment.	35
			(A)		Rehabilitative care.	35
			(B)		Outpatient care.	35
			(C)		Family therapy.	35
		(iii)			Exclusions—	35
			(A)		Aversion therapy.	35
			(B)		Domiciliary settings.	36
		(iv)			Confidentiality.	36
		(v)			Waiver of benefit limits.	36
	(5)				Transplants.	36
		(i)			Organ transplants.	36
			(A)		General.	36
			(B)		[Reserved]	37
		(ii)			Stem cell transplants.	37
	(6)				Eyeglasses, spectacles, contact lenses, or other optical devices.	37
		(i)			Exception to general exclusion.	37
		(ii)			Limitations.	38
	(7)				Transsexualism or such other conditions as gender dysphoria.	38
	(8)				Cosmetic, reconstructive, or plastic surgery.	38
		(i)			Limited benefits under CHAMPUS.	38
		(ii)			General exclusions.	39

TMA Version

TITLE 32 NATIONAL DEFENSE
CIVILIAN HEALTH AND MEDICAL PROGRAM OF THE UNIFORMED SERVICES (CHAMPUS)

TABLE OF CONTENTS

PART 199.4

BASIC PROGRAM BENEFITS

	(iii)			Noncovered surgery, all related services and supplies excluded.	39
	(iv)			Example of noncovered cosmetic, reconstructive, or plastic surgery procedures.	39
		(C)		Augmentation mammoplasties.	40
		(E)		Reduction mammoplasties.	40
(9)				Complications (unfortunate sequelae) resulting from noncovered initial surgery or treatment.	40
(10)				Dental.	41
	(i)			Adjunctive dental care:	41
	(ii)			General exclusions.	42
	(iii)			Preauthorization required.	42
	(iv)			Covered oral surgery.	42
	(v)			Inpatient hospital stay in connection with non-adjunctive, noncovered dental care.	43
(11)				Drug abuse.	43
	(i)			Limitations on who can prescribe drugs.	43
	(ii)			Drug maintenance programs excluded.	43
	(iii)			Kinds of prescription drugs that are monitored carefully by CHAMPUS for possible abuse situations—	43
		(B)		Nonnarcotic analgesics.	43
		(C)		Tranquilizers.	43
		(D)		Barbiturates.	44
		(E)		Nonbarbituate hypnotics.	44
		(F)		Stimulants.	44
	(iv)			CHAMPUS fiscal intermediary responsibilities.	44
	(v)			Unethical or illegal provider practices related to drugs.	44
	(vi)			Detoxification.	44
(12)				Custodial care.	44
	(i)			Kinds of conditions that can result in custodial care.	44
	(ii)			Benefits available in connection with a custodial care case.	45
		(A)		Prescription drugs and medicines, medical supplies and durable medical equipment.	45
		(B)		Nursing services, limited.	45
		(C)		Physician services, limited.	45

TMA Version

**TITLE 32 NATIONAL DEFENSE
CIVILIAN HEALTH AND MEDICAL PROGRAM OF THE UNIFORMED SERVICES (CHAMPUS)**

TABLE OF CONTENTS

PART 199.4

BASIC PROGRAM BENEFITS

		(D)			Payment for prescription drugs, medical supplies, durable medical equipment and limited skilled nursing and physician services does not affect custodial care determination.	45
		(iii)			Exception to custodial care exclusion, admission to a hospital.	45
		(iv)			Reasonable care for which benefits were authorized or reimbursed before June 1, 1977.	45
		(A)			Initial authorization or reimbursement before June 1, 1977.	46
		(B)			Continued care.	46
		(C)			Reasonable care.	46
	(13)				Domiciliary care.	46
		(i)			Examples of domiciliary care situations.	46
		(A)			Home care is not available.	46
		(B)			Home care is not suitable.	46
		(C)			Family unwilling to care for a person in the home.	46
		(ii)			Benefits available in connection with a domiciliary care case.	46
		(iii)			General exclusion.	46
	(14)				CT scanning—	47
		(i)			Approved CT scan services.	47
		(ii)			Review guidelines and criteria.	47
	(15)				Morbid obesity.	47
		(i)			Conditions for coverage.	47
		(ii)			Exclusions.	47
	(16)				Maternity care.	48
		(i)			Benefit.	48
		(ii)			Cost-share.	48
	(17)				Biofeedback Therapy.	48
		(i)			Benefits provided.	48
		(ii)			Limitations.	48
		(iii)			Exclusions.	48
		(iv)			Provider Requirements.	49
		(v)			Implementation Guidelines.	49
	(18)				Cardiac rehabilitation.	49
		(i)			Benefits provided.	49

TMA Version

TITLE 32 NATIONAL DEFENSE
CIVILIAN HEALTH AND MEDICAL PROGRAM OF THE UNIFORMED SERVICES (CHAMPUS)

TABLE OF CONTENTS

PART 199.4

BASIC PROGRAM BENEFITS

	(ii)				Limitations.	49
	(iii)				Exclusions.	49
	(iv)				Providers.	49
	(v)				Payment.	50
	(vi)				Implementation Guidelines.	50
(19)					Hospice care.	50
	(i)				Benefit coverage.	50
	(ii)				Core services.	51
	(iii)				Non-core services.	51
	(iv)				Availability of services.	51
	(v)				Periods of care.	52
	(vi)				Conditions for coverage.	52
		(A)				52
			(1)		Timing of certification.	52
				(i)	Basic requirement.	52
				(ii)	Exception.	52
			(2)		Sources of certification.	52
	(vii)				Appeal rights under hospice benefit.	55
(20)					Case management services.	55
(21)					Home health services.	55
	(i)				Benefit coverage.	55
	(ii)				Conditions for Coverage.	56
(22)					Pulmonary rehabilitation.	57
(f)					Beneficiary or sponsor liability—	57
	(1)				General.	57
	(2)				Dependents of members of the Uniformed Services.	57
	(i)				Annual fiscal year deductible for outpatient services and supplies.	57
			(1)		Individual Deductible:	57
			(2)		Family Deductible:	57
			(1)		Individual Deductible:	57
			(2)		Family Deductible:	57
		(C)			CHAMPUS-approved Ambulatory Surgical Centers or Birthing Centers.	57
		(D)			Allowable Amount does not exceed Deductible Amount.	57

TMA Version

**TITLE 32 NATIONAL DEFENSE
CIVILIAN HEALTH AND MEDICAL PROGRAM OF THE UNIFORMED SERVICES (CHAMPUS)**

TABLE OF CONTENTS

PART 199.4

BASIC PROGRAM BENEFITS

	(ii)				Inpatient cost-sharing.	58
		(A)			Inpatient cost-sharing payable with each separate inpatient admission.	58
		(B)			Multiple family inpatient admissions.	59
		(C)			Newborn patient in his or her own right.	59
		(D)			Inpatient cost-sharing for mental health services.	59
	(iii)				Outpatient cost-sharing.	59
	(iv)				Ambulatory surgery.	59
	(v)				Psychiatric partial hospitalization services.	59
(3)					Former members and dependents of former members.	60
	(i)				Annual fiscal year deductible for outpatient services or supplies.	60
	(ii)				Inpatient cost-sharing.	60
		(A)			Services subject to the CHAMPUS DRG-based payment system.	60
		(B)			Services subject to the CHAMPUS mental health per diem payment system.	60
		(C)			Other services.	60
	(iii)				Outpatient cost-sharing.	60
	(iv)				Psychiatric partial hospitalization services.	60
(4)					Former spouses.	61
	(i)				Annual fiscal year deductible for outpatient services or supplies.	61
	(ii)				Inpatient cost-sharing.	61
	(iii)				Outpatient cost-sharing.	61
(5)					Cost-Sharing under the Military-Civilian Health Services Partnership Program.	61
	(i)				External Partnership Agreement.	61
	(ii)				Internal Partnership Agreement.	61
(6)					[Reserved]	61
(7)					[Reserved]	61
(8)					Cost-sharing for services provided under special discount arrangements—	61
	(i)				General rule.	61
	(ii)				Specific applications.	61
(9)					Waiver of deductible amounts or cost-sharing not allowed—	62

TMA Version

TITLE 32 NATIONAL DEFENSE
CIVILIAN HEALTH AND MEDICAL PROGRAM OF THE UNIFORMED SERVICES (CHAMPUS)

TABLE OF CONTENTS

PART 199.4

BASIC PROGRAM BENEFITS

	(i)				General rule.	62
	(ii)				Exception for bad debts.	62
	(iii)				Remedies for noncompliance.	62
(10)					Catastrophic loss protection for basic program benefits.	62
	(i)				Dependents of active duty members.	62
	(ii)				All other beneficiaries.	62
	(iii)				Payment after cap is met.	62
(11)					Beneficiary or sponsor liability under the Pharmacy Benefits Program.	63
(g)					Exclusions and limitations.	63
	(1)				Not medically or psychologically necessary.	63
	(2)				Unnecessary diagnostic tests.	63
	(3)				Institutional level of care.	63
	(4)				Diagnostic admission.	63
	(5)				Unnecessary postpartum inpatient stay, mother or newborn.	63
	(6)				Therapeutic absences.	63
	(7)				Custodial care.	63
	(8)				Domiciliary care.	63
	(9)				Rest or rest cures.	63
	(10)				Amounts above allowable costs or charges.	64
	(11)				No legal obligation to pay, no charge would be made.	64
	(12)				Furnished without charge.	64
	(13)				Furnished by local, state, or Federal Government.	64
	(14)				Study, grant, or research programs.	64
	(15)				Unproven drugs, devices, and medical treatments or procedures.	64
	(iii)				Care excluded.	65
	(iv)				Examples of unproven drugs, devices or medical treatments or procedures.	66
	(16)				Immediate family, household.	70
	(17)				Double coverage.	70
	(18)				Nonavailability Statement required.	70
	(19)				Preauthorization required.	70
	(20)				Psychoanalysis or psychotherapy, part of education.	70
	(21)				Runaways.	70

TMA Version

**TITLE 32 NATIONAL DEFENSE
CIVILIAN HEALTH AND MEDICAL PROGRAM OF THE UNIFORMED SERVICES (CHAMPUS)**

TABLE OF CONTENTS

PART 199.4

BASIC PROGRAM BENEFITS

(22)					Services or supplies ordered by a court or other government agency.	70
(23)					Work-related (occupational) disease or injury.	70
(24)					Cosmetic, reconstructive, or plastic surgery.	70
(25)					Surgery, psychological reasons.	70
(26)					Electrolysis.	70
(27)					Dental care.	70
(28)					Obesity, weight reduction.	71
(29)					Transsexualism or such other conditions as gender dysphoria.	71
(30)					Therapy or counseling for sexual dysfunctions or sexual inadequacies.	71
(31)					Corns, calluses, and toenails.	71
(32)					Dyslexia.	71
(33)					Surgical sterilization, reversal.	71
(34)					Noncoital reproductive procedures	71
(35)					Nonprescription contraceptives.	71
(36)					Tests to determine paternity or sex of a child.	71
(37)					Preventive care.	71
(38)					Chiropractors and naturopaths.	72
(39)					Counseling.	72
(40)					Acupuncture.	72
(41)					Hair transplants, wigs, or hairpieces.	72
	(i)				Benefits provided.	73
	(ii)				Exclusions.	73
(42)					Education or training.	73
(43)					Exercise/relaxation/comfort devices.	73
(44)					Exercise.	73
(45)					Audiologist, speech therapist.	73
(46)					Vision care.	73
(47)					Eye and hearing examinations.	73
(48)					Prosthetic devices.	73
(49)					Orthopedic shoes.	73
(50)					Eyeglasses.	74
(51)					Hearing aids.	74
(52)					Telephone services.	74

TMA Version

TITLE 32 NATIONAL DEFENSE
CIVILIAN HEALTH AND MEDICAL PROGRAM OF THE UNIFORMED SERVICES (CHAMPUS)

TABLE OF CONTENTS

PART 199.4

BASIC PROGRAM BENEFITS

(53)					Air conditioners, humidifiers, dehumidifiers, and purifiers.	74
(54)					Elevators or chair lifts.	74
(55)					Alterations.	74
(56)					Clothing.	74
(57)					Food, food substitutes.	74
(58)					Enuretic.	74
(59)					[Reserved]	74
(60)					Autopsy and postmortem.	74
(61)					Camping.	74
(62)					Housekeeper, companion.	75
(63)					Noncovered condition, unauthorized provider.	75
(64)					Comfort or convenience.	75
(65)					"Stop smoking" programs.	75
(66)					Megavitamin psychiatric therapy,	75
(67)					Transportation.	75
(68)					Travel.	75
(69)					Institutions.	75
(70)					[Reserved]	75
(71)					[Reserved]	75
(72)					Inpatient mental health services.	75
(73)					Economic interest in connection with mental health admissions.	75
(74)					Not specifically listed.	76
(h)					Payment and liability for certain potentially excludable services under the Peer Review Organization program—	76
(1)					Applicability.	76
(2)					Payment for certain potentially excludable expenses.	76
(3)					Liability for certain excludable services.	76
(4)					Criteria for determining that beneficiary knew or could reasonably have been expected to have known that services were excludable.	77
(5)					Criteria for determining that provider knew or could reasonably have been expected to have known that services were excludable.	77

TMA Version

TABLE OF CONTENTS

PART 199.4

BASIC PROGRAM BENEFITS

(i)						Case management program.	77
	(1)					In general.	77
	(2)					Applicability of case management program.	78
	(3)					Prior authorization required.	78
	(4)					Cost effective requirement.	78
	(5)					Limited waiver of exclusions and limitations.	78
		(i)				Durable equipment.	78
		(ii)				Custodial care.	78
		(iii)				Domiciliary care.	79
		(iv)				In home services.	79
	(6)					Case management acknowledgment.	79
	(7)					Other administrative requirements.	80

TMA Version



